

## Taking care of PatientName @ Address

### IN AN EMERGENCY Contact Phone #'s

Name	Role	Phone #
	For example: Daughter/primary caregiver	

### To show EMTs in the event something happens to Patient FirstName

- Green Sheet on the side of the refrigerator is the POLST (Physicians Order for Life Sustaining Treatment)
- 2-page Medical History is paper clipped to back of POLST (and in this notebook).
  - **IMPORTANT: Refer to 2-page Medical History for complete list of medication and food allergies!**
- Event log is located...
- Pill Box is located on ...

### Top X Things to Know About Patient FirstName

#	Concern/Attribute	Remedy
1	<b>Allergic to ...</b> <i>(See 2-page medical history for a complete list of allergies)</i>	
2	<b>Diagnosis...</b> <b>Fall risk!</b>	

## Routine/Food/Entertainment

### High-level Summary/Typical Routine

Brief overview statement or two.

Approx. Time	Typical Daily Routine
	•
	•
	•

## FOOD

Reminder: **Allergic to ...** *(See medical history for a complete list of food allergies.)*

### Breakfast:

- 

### Lunch

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### Dinner

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### Other “favorite” food options:

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## ENTERTAINMENT

Brief overview statement or two.

### TV/Movie Options

- Indicate genre that is NOT something to watch, i.e. horror movies
- Show Name and Channel

### Other Entertainment

- For example, books, games, music, puzzles, word search books, etc.

### Other Notes/Best Practices

Optional, if needed, to provide a bit more detail.

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### Where Patient FirstName’s Stuff is Located

- ID, insurance card, credit cards.
- Extra pills when box needs to be refilled.
- Important papers,
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### Respite Care Options in the event something happens to Primary Caregiver

- For example, hospice

### Dementia Notes and Communication Tips (if applicable)